

Adama's Message for Telos Group 2nd October 2012

Beloved Ones today is a beautiful day and whatever you are doing, thinking feeling or speaking allow the day to be filled with Divine Love and see each day as a gift.

Call your God Presence into your body with intention and ask that the connection is made within your Heart and Allow yourself to be fully charged with this energy and let it flow into your prayers, invocations and requests throughout the day remembering the act of Gratitude.

The more you actually do this the easier it becomes. When you have accustomed yourself to the energy and fully feel it Allow the energy to do its' work.

Can you all think of a way and example that you can do this daily?
Consider this, and if you are a part of a group have a discussion about how it can be or is being done for each of you. The more ideas you can bring forward will enable you all to help each other and then in perfect timing help others.

Remember within each person, each temple, is the Light of God waiting to be recognised and to be loved.

May the Blessings of Divine Love and the Light of God flow through and around you all throughout this day and always.

From my heart to your heart

I Am Adama, your brother and friend.

Copy-write Sue Parry