

Adama's Message to Telos UK 30th October

Greetings My Children.

Today let the Light of the new moon and the energies flooding the planet at this time help each of you in releasing the Old and welcoming in the wondrous Light of the Divine.

At this time so many that are incarnated are waking up that is if they have not already done so. They are waking up to the seemingly new energy that has always been within.

It is time now for the New Christ Consciousness Light to come forward and move away all the old ways and paradigms of aeons of time.

How to do this?

How can this be achieved?

Allow my children. Allow the light of your Beloved God Presence, the I Am, to merge with you each day.

Allow yourself to feel the brilliance of this Light for it is time to open yourself up.

Bring forward the Divine love from your heart and flood your entire being.

Remember that within all persons is this spark of Light. Remember to acknowledge this as you greet each other.

Send the divine Love from within your heart to the hearts of others and out to all life.

Divine love is the glue that creates, transpires, heals and harmonises all things.

Let us take a few moments to breathe in this Divine Love.

Close your eyes

Call forth your God Presence

Connect now with your sacred heart.

Breathe in the brilliance of the Light of Divine Love that is flowing from your heart to your entire being.

Breathe it in, breathe it out.

Let it become a natural flow

Allow yourself to experience this consciously. ½ minutes.

Open your eyes now.

Beloved Ones as you each do this, you Become, step by step, the Love and the Light of God that you truly are.

I Am Adama, your brother and friend along with the family of light.